5th International Neuro-Urology Meeting
The Annual Congress of the International Neuro-Urology Society

Zürich, Switzerland | 25 – 28 January 2017

in association with
Swiss Continence Foundation

The Swiss Continence Foundation is a non-profit organization founded in April 2011 with the goal of supporting and advancing research and further education in the field of Neuro-Urology and functional urology. A central issue of the foundation is the considerable improvement in the quality of patient care and in the patients’ quality of life. In addition, the foundation’s support in high-quality advanced training and education in the field of Neuro-Urology and functional urology is supposed to contribute to the distribution of the knowledge gained from research and science to physicians, nursing specialists and to the interested public.

In order to achieve these goals we depend on your financial support and would be very pleased to receive a donation.

Bank details of the Swiss Continence Foundation:
Aargauische Kantonalbank, Kaiserstrasse 8, CH-4310 Rheinfelden
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www.swisscontinencefoundation.ch
Welcome

Dear friends and colleagues, ladies and gentlemen

It is our great honour and pleasure to invite you to attend the 5th International Neuro-Urology Meeting, to be held in Zürich, Switzerland, from 25-28 January 2017.

Neuro-Urology is a highly-regarded and relevant sub-speciality bridging the fields of both neurology and urology to treat and prevent the debilitating manifestations of lower urinary tract dysfunction which have major impact on our patients’ health and their quality of life.

The world’s leading experts in Neuro-Urology will provide an overview on the latest advances in research and clinical practice of this rapidly developing and exciting discipline. This unique meeting combines state-of-the-art lectures, lively panel discussions, and hands-on workshops with emphasis placed on interactive components. There will be many opportunities to exchange thoughts, experiences and ideas and also make new friendships.

We are proud to announce that the International Neuro-Urology Meeting will now be the official annual congress of the International Neuro-Urology Society (INUS), a charitable, non-profit organisation aiming to promote all areas of Neuro-Urology at a global level and whose inauguration was inspired during the last International Neuro-Urology Meetings.

To promote the next generation of outstanding young researchers and clinicians who represent the future of Neuro-Urology, we are excited to again announce the prestigious Swiss Continence Foundation Award of 10’000 Swiss francs which will be awarded to the best contribution from a young Neuro-Urology talent at the 5th International Neuro-Urology Meeting.

We are extremely honoured to be organising the 5th International Neuro-Urology Meeting and are looking forward to seeing you in Zürich.

Best regards

Ass. Prof. Thomas M. Kessler
Chairman Swiss Continence Foundation
Vice-President of the INUS

Prof. Helmut Madersbacher
President of the INUS

Dr. Ulrich Mehnert
Vice-Chairman Swiss Continence Foundation
Treasurer of the INUS
Meeting faculty

Prof. Paul Abrams, University of Bristol, Bristol, UK
Prof. Karl-Erik Andersson, Aarhus University, Aarhus, Denmark
Ass. Prof. Apostolos Apostolidis, University of Thessaloniki, Thessaloniki, Greece
Ass. Prof. Márcio A. Averbeck, Moinhos de Vento Hospital, Porto Alegre, Brazil
Prof. Lori A. Birder, University of Pittsburgh School of Medicine, Pittsburgh, USA
Prof. Bertil F. M. Blok, Erasmus Medical Center, University of Rotterdam, Rotterdam, the Netherlands
Dr. Juan C. Castano, Hospital Pablo Tobon Uribe, Medellin, Colombia
Prof. David Castro-Díaz, University Hospital of the Canary Islands, Tenerife, Spain
Prof. Christopher R. Chapple, University of Sheffield, Sheffield, UK
Prof. Emmanuel Chartier-Kastler, Groupe Hospitalier Pitié-Salpêtrière, Pierre et Marie Curie Medical School, Paris, France
Prof. Jacques Corcos, Jewish General Hospital, Montreal, Canada
Ass. Prof. Célia D. Cruz, University of Porto, Porto, Portugal
Prof. Francisco Cruz, Hospital de S. Joao and Faculty of Medicine of Porto, Porto, Portugal
Prof. Armin Curt, Balgrist University Hospital, Zurich, Switzerland
Prof. Prokhor Dasgupta, King’s College and Guy’s Hospital, London, UK
Prof. Giulio Del Popolo, Careggi University Hospital, Florence, Italy
Prof. Pierre Denys, Raymond Poincaré University Hospital, Garches, France
Prof. Stefan de Wachter, Antwerp University Hospital, Antwerp, Belgium
Prof. Marcus J. Drake, University of Bristol, Bristol, UK
Ass. Prof. Daniel Eberli, University Hospital Zurich, Switzerland
Dr. Sohier Elneil, University College Hospital and National Hospital for Neurology and Neurosurgery, London, UK
Dr. Daniel S. Engeler, Cantonal Hospital St. Gallen, St. Gallen, Switzerland
Ms. Anne Engmann, University of Zurich, Zurich, Switzerland
Prof. Enrico Finazzi-Agrò, University of Rome Tor Vergata, Rome, Italy
Prof. Martin Fluck, Balgrist University Hospital, Zurich, Switzerland
Ass. Prof. Claudius Fullhase, Rostock University Hospital, Rostock, Germany
Prof. Jerzy Gajewski, Dalhousie University, Halifax, Canada
Prof. Howard B. Goldman, Cleveland Clinic, Cleveland, USA
Mr. Rizwan Hamid, University College London Hospitals and Spinal Injuries Centre, London, UK
Prof. Yasuhiko Igawa, University of Tokyo Graduate School of Medicine, Tokyo, Japan
Prof. Alain Kaelin-Lang, Neurocenter of Southern Switzerland, Lugano, Switzerland
Prof. Ludwig Kappos, University Hospital Basel, Basel, Switzerland
Prof. Gilles Karsenty, Aix-Marseille University, Marseille, France
Ass. Prof. Thomas M. Kessler, Balgrist University Hospital, Zürich, Switzerland
Prof. Ruth Kirschner-Hermanns, Neurological Rehabilitation Centre Godeshöhe, University of Bonn, Bonn, Germany
Dr. Gustav Kiss, University Hospital Innsbruck, Innsbruck, Austria
Dr. Charalampos Konstantinidis, National Rehabilitation Center, Athens, Greece
Prof. Limin Liao, China Rehabilitation Research Center, Beijing, China
Prof. Helmut Madersbacher, University Hospital Innsbruck, Innsbruck, Austria
Prof. Emeran A. Mayer, University of California, Los Angeles, USA
Dr. Ulrich Mehnert, Balgrist University Hospital, Zürich, Switzerland
Prof. Sherif Mourad, Ain Shams University, Cairo, Egypt
Prof. Jorge Moreno-Palacios, National Autonomous University of Mexico, Mexico City, Mexico
Dr. Jalesh N. Panicker, Institute of Neurology and National Hospital for Neurology and Neurosurgery, London, UK
Prof. Jürgen Pannek, Swiss Paraplegic Center, Nottwil, Switzerland
Ass. Prof. Véronique Phé, Institute of Neurology and National Hospital for Neurology and Neurosurgery, London, UK
Prof. J. Todd Purves, Duke University Medical Center, Durham, USA
Prof. Piotr Radziiszewski, University of Warsaw, Warsaw, Poland
Prof. Ryuji Sakakibara, Toho University Sakura Medical Center, Chiba, Japan
Ass. Prof. Daniel Max Schmid, University Hospital Zurich, Zurich, Switzerland
Dr. Marc P. Schneider, University of Zurich and Swiss Federal Institute of Technology Zurich, Zurich, Switzerland
Ass. Prof. Martin Schubert, Balgrist University Hospital, Zurich, Switzerland
Prof. Brigitte Schurch, University Hospital Lausanne, Lausanne, Switzerland
Prof. Martin E. Schwab, University of Zurich and Swiss Federal Institute of Technology Zurich, Zurich, Switzerland
Mr. Julian Shah, University College London Hospitals and Spinal Injuries Centre, London, UK
Prof. Karl-Dietrich Sievert, University of Salzburg, Salzburg, Austria
Dr. Michele Spinelli, Niguarda Hospital, Milan, Italy
Dr. Wilbert Sybesma, Nestlé Research Center, Lausanne, and Balgrist University Hospital, Zurich, Switzerland
Prof. Philip E. van Kerrebroeck, University Hospital Maastricht, Maastricht, the Netherlands
Prof. Gommert A. van Koeveringe, University Hospital Maastricht, Maastricht, the Netherlands
Prof. Arndt van Ophoven, Marienhospital Herne, Herne, Germany
Ass. Prof. Blayne Welk, Western University, Ontario, Canada
Prof. Claudia A. Wheeler-Kingshott, UCL Institute of Neurology, London, UK
Prof. Naoki Yoshimura, University of Pittsburgh School of Medicine, Pittsburgh, USA
Prof. Hanns Ulrich Zeilhofer, University of Zurich and Swiss Federal Institute of Technology, Zurich, Switzerland
Workshops & supplementary meetings

Wednesday 25 January 2017

14.00 – 19.00  WORKSHOP A: Animal models for neuro-urological research (part I of II)  Letzisaal

Chairs: Célia D. Cruz, Marc P. Schneider

The International Neuro-Urology Society (INUS):
   A new platform to join forces  Helmut Madersbacher
Systematic review results and the INUS platform  Marc P. Schneider
ARRIVE guidelines  Claudius Füllhase
Differences in anatomy and physiology of the lower urinary tract
   in rats and humans: Impact on translational research  Naoki Yoshimura
Urodynamics in animals: Power and limitations  Karl-Erik Andersson
Beyond animal urodynamics: What is the bladder tissue telling us?  Célia D. Cruz
Urothelial signaling: Myth or reality?  Lori A. Birder

Discussion panel: Karl-Erik Andersson, Lori A. Birder, Célia D. Cruz, Daniel Eberli, Anne Engmann,
   Martin Flück, Claudius Füllhase, Yasuhiro Igawa, Helmut Madersbacher,
   J. Todd Purves, Martin E. Schwab, Naoki Yoshimura, Hanns Ulrich Zeilhofer
WORKSHOPS & SUPPLEMENTARY MEETINGS

Thursday 26 January 2017

08.00 – 12.00

WORKSHOP A: ANIMAL MODELS FOR NEURO-UROLOGICAL RESEARCH (PART II OF II)  
Letzisaal

Chairs: Célia D. Cruz, Marc P. Schneider

Pharmacoo-, opto- and magnetogenetics:
  Is there a place in neuro-urological research?  
  Anne Engmann

Neuroimaging and neurophysiology:
  Valuable tools to understand the lower urinary tract?  
  Hanns Ulrich Zeilhofer

Tissue engineering and stem cells: Where do we stand today?
  Daniel Eberli

Anti-nogo-A antibody: From bench to bedside
  Martin E. Schwab

Inflammasomes: An alternative route to treat lower urinary tract dysfunction?
  J. Todd Purves

The afferent and efferent lower urinary tract system:
  Do we have new pharmacological targets?  
  Yasuhiko Igawa

Discussion panel:  Karl-Erik Anderssson, Lori A. Birder, Célia D. Cruz, Daniel Eberli, Anne Engmann, Martin Flück, Claudius Füllhase, Yasuhiko Igawa, J. Todd Purves, Martin E. Schwab, Naoki Yoshimura, Hanns Ulrich Zeilhofer
Workshops & supplementary meetings

Thursday 26 January 2017

08.00 – 12.00  **WORKSHOP B: Botulinum toxin A in neurology and urology**  Albis 3
   **Chairs:** Francisco Cruz, Martin Schubert
   **Tutors:** Apostolos Apostolidis, Alain Kaelin-Lang, Ruth Kirschner-Hermanns,
   Gustav Kiss, Daniel Max Schmid, Brigitte Schurch

08.00 – 12.00  **WORKSHOP C: Sacral neuromodulation**  Europasaal
   **Chairs:** Stefan de Wachter, Michele Spinelli
   **Tutors:** Márcio A. Averbeck, Juan C. Castano, Giulio Del Popolo,
   Daniel S. Engeler, Jerzy Gajewski, Véronique Phé, Philip E. van Kerrebroeck

09.00 – 12.00  **BBrain working group meeting**  Albis 1 & 2
   (panel members only)
Workshops & supplementary meetings

Saturday 28 January 2017

14.00 - 19.00  **EAU Guidelines on Neuro-Urology meeting**  
(panel members only)
Scientific programme | Thursday 26 January 2017

13.00 – 13.10  **Welcome**  Thomas M. Kessler, Helmut Madersbacher, Ulrich Mehnert

13.10 – 15.00  **Translational research: From bench to bedside**

What can we learn from the animal model?  Naoki Yoshimura
New findings in animal research?  Yasuhiko Igawa
Do neurological treatments also improve urological dysfunction?  Armin Curt
New translational concepts in the management of detrusor overactivity  Francisco Cruz
New translational concepts in the management of detrusor underactivity  Gommert A. van Koeveringe

**Discussion panel:**  Karl-Erik Andersson, Apostolos Apostolidis, Bertil F. M. Blok, Francisco Cruz, Yasuhiko Igawa, Gommert A. van Koeveringe, Naoki Yoshimura

15.00 - 15.30  Welcome reception
15.30 - 17.40  **Challenges in Neuro-Urology I: Joint Society Meeting of INUS, ICS, PACS and SINUG**

**Chairs:** Helmut Madersbacher, Sherif Mourad

- Urodynamic practice  
  Enrico Finazzi-Agrò vs Rizwan Hamid
- Single-use or multi-use catheters?  
  David Castro-Diaz vs Jerzy Gajewski
- How to improve sexual dysfunction management  
  Pierre Denys vs Charalampos Konstantinidis
- Is the Brindely stimulator still appropriate?  
  Juan C. Castano vs Jacques Corcosi
- How to manage polypharmacy?  
  Gustav Kiss vs Piotr Radziszewski

**Discussion panel:** Juan C. Castano, David Castro-Diaz, Jacques Corcos, Enrico Finazzi-Agrò, Jerzy Gajewski, Rizwan Hamid, Gustav Kiss, Piotr Radziszewski

17.40 - 18.00  **Leadership in Neuro-Urology**  
Paul Abrams

18.00 - 18.30  **General Assembly International Neuro-Urology Society (INUS)**
Scientific programme  I  Friday 27 January 2017

08.00 – 09.30  **Chronic pelvic pain**

EAU guidelines: Useful for daily clinical practice?  Daniel S. Engeler
The basic research perspective  Lori A. Birder
Chronic pelvic pain: A brain disease?  Emeran A. Mayer
Therapeutic approaches  Sohier Elneil
Promising future treatment options  Arndt van Ophoven

**Discussion panel:**  Lori A. Birder, Sohier Elneil, Daniel S. Engeler, Ruth Kirschner-Hermanns, Emeran A. Mayer, Ryuji Sakakibara, Arndt van Ophoven

09.30 – 10.00  Coffee break
Scientific programme  I  Friday 27 January 2017

10.00 – 12.30  **Young talents in Neuro-Urology**

Seven upcoming talents in the field will present their latest scientific findings and compete for The Swiss Continence Foundation Award of 10’000 Swiss francs.

Application and awarding criteria can be reviewed at www.swisscontinencefoundation.ch.

**Award jury:**
- Emmanuel Chartier-Kastler
- Francisco Cruz
- Thomas M. Kessler
- Blayne Welk
- Gommert A. van Koeveringe

12.30 – 13.30  Lunch break
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<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
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<tr>
<td>13.30 - 13.50</td>
<td><strong>State-of-the-art lecture: Multiple sclerosis</strong></td>
<td>Ludwig Kappos</td>
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<td>13.50 – 15.00</td>
<td><strong>Multiple sclerosis: The big interdisciplinary challenge</strong></td>
<td>Jalesh N. Panicker</td>
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<td>Diagnosis of urological problems</td>
<td>Emmanuel Chartier-Kastler</td>
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<tr>
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<td>Treatment of urological problems</td>
<td>Claudia Wheeler-Kingshot</td>
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<td>Neuroimaging: relevance for diagnosis and treatment</td>
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<td><strong>Discussion panel:</strong> Emmanuel Chartier-Kastler, Ludwig Kappos, Gustav Kiss, Jalesh N. Panicker, Ryuji Sakakibara, Claudia Wheeler-Kingshot</td>
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<td>15.00 - 15.30</td>
<td><strong>zai - the story of an extraordinary Swiss ski</strong></td>
<td>Benedikt Germanier</td>
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<td>15.30 – 16.00</td>
<td>Tea break</td>
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Scientific programme  I  Friday 27 January 2017

16.00 – 17.30  Challenges in Neuro-Urology II: Joint Society Meeting of INUS, ICS, PACS and SINUG

Chairs: Márcio A. Averbeck, David Castro-Diaz

The terminology battle  Marcus J. Drake vs Bertil F.M. Blok

Recurrent urinary tract infections:  Helmut Madersbacher vs Jürgen Pannek
Is long-term antibiotic prophylaxis useful?

Stress urinary incontinence: Are slings a panacea?  Sherif Mourad vs Howard B. Goldman

Botulinum toxin or neuromodulation?  Apostolos Apostolidis vs Philip E. van Kerrebroeck

Discussion panel: Apostolos Apostolidis, Bertil F.M. Blok, Marcus J. Drake, Howard B. Goldman, Helmut Madersbacher, Sherif Mourad, Jürgen Pannek, Philip E. van Kerrebroeck

17.30 – 18.00  What should the neuro-urologist learn from the onco-urologist and vice versa?

Christopher R. Chapple and Prokar Dasgupta
<table>
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<th>Activity</th>
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<tr>
<td>08.30 - 10.00</td>
<td><strong>Neuro-physiology of lower urinary tract, sexual and bowel (dys)function</strong>&lt;br&gt;Helmut Madersbacher &amp; Dora Mair</td>
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<td>10.00 - 10.30</td>
<td>Coffee break</td>
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<tr>
<td>10.30 - 12.00</td>
<td><strong>Diagnostics in Neuro-Urology</strong>&lt;br&gt;Basic diagnostic: Philip E. van Kerrebroeck &amp; staff nurse&lt;br&gt;Urodynamic workshop: Márcio A. Averbeck &amp; Andrea Ungricht</td>
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<td>12.00 - 13.00</td>
<td>Lunch break</td>
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<td>13.00 - 15.00</td>
<td><strong>Treatments in Neuro-Urology</strong>&lt;br&gt;Conservative treatment: Giulio Del Popolo &amp; staff nurse&lt;br&gt;Surgical treatment: Julian Shah &amp; staff nurse</td>
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<td>15.00 - 15.30</td>
<td><strong>zai - the story of an extraordinary Swiss ski</strong>&lt;br&gt;Benedikt Germanier</td>
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<td>Tea break</td>
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<td>16.00 - 17.00</td>
<td><strong>Recurrent urinary tract infections</strong>&lt;br&gt;Pierre Denys &amp; staff nurse</td>
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<td>17.00 - 18.00</td>
<td><strong>Catheterization: A major challenge in Neuro-Urology</strong>&lt;br&gt;Jalesh N. Panicker &amp; Gwen Gonzales &amp; Collette Haslam</td>
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SAVE THE DATE!

6th International Neuro-Urology Meeting
The Annual Congress of the International Neuro-Urology Society
Zürich, Switzerland | 25 – 27 January 2018
Scientific programme  I  Saturday 28 January 2017

08.00 – 10.00  Established treatments

Drugs                          Christopher R. Chapple
Catheterization               Limin Liao
Neuromodulation               Gilles Karsenty
Prostheses                    Giulio Del Popolo
Augmentation / Urinary diversion Julian Shah

Discussion panel:  Christopher R. Capple, Giulio Del Popolo, Stefan de Wachter, Gilles Karsenty,
                   Limin Liao, Jorge Moreno-Palacios, Julian Shah

10.00 – 10.30  Coffee break
Scientific programme  I  Saturday 28 January 2017

10.30 – 12.30  **Future treatments**

- Bacteriophages  Wilbert Sybesma
- Inflammasomes  J. Todd Purves
- Stem cells  Daniel Eberli
- Tissue engineering  Karl-Dietrich Sievert

**Discussion panel:** Daniel Eberli, J. Todd Purves, Karl-Dietrich Sievert, Wilbert Sybesma

12.30 – 12.45  **Conclusions**  Thomas M. Kessler, Ulrich Mehnert

12.45 - 13.45 Farewell lunch
BJUI provides the highest standard of research and clinical information for the urological community, keeping you aware of new advances and the best practice in urology.

Every issue gives invaluable practical information in the form of original articles, reviews, comments, surgical education articles and translational science articles.

Edited By: Prokar Dasgupta
Impact Factor: 4.387
CME accreditation

Application for CME accreditation of this event is in progress.
Registration

Please register online through our website: www.swisscontinencefoundation.ch
Active members of the INUS, i.e. with activated INUS membership account, benefit from a **20% discount** on the meeting attendance fee. Not yet an INUS member? --&gt; register here: www.neuro-uro.org.

**Attendance fees for registration until 20 December 2016**

**Meeting** (including refreshments and lunches) 450 EUR  
Special fee for residents/PhD students (proof of status required) 250 EUR

**Workshop B or C** (including refreshments and lunch) 120 EUR

**Nursing day** (including refreshments and lunch) 120 EUR

**Gala dinner** (including beverages and VAT) 160 EUR

**Attendance fees for registration after 20 December 2016**

**Meeting** (including refreshments and lunches) 550 EUR  
Special fee for residents/PhD students (proof of status required) 350 EUR

**Workshop B or C** (including refreshments and lunch) 160 EUR

**Nursing day** (including refreshments and lunch) 160 EUR

**Gala dinner** (including beverages and VAT) 180 EUR
Venue details

Venue
BEST WESTERN
Hotel Spirgarten
Lindenplatz 5
CH-8048 Zürich
T: +41 (0)44 438 1515
F: +41 (0)44 438 1538
Directions

By plane: Zürich airport is one of the most modern airports in Europe. There are regular flights to Zürich from most countries and major cities of the world. From Zürich airport, you reach the meeting venue easily by car/taxi (30-45 min) or by train (15-20 min to Zürich Altstetten station). From Zürich Altstetten station you reach the meeting venue by bus (7 min, lines 78 and 80, bus stop „Lindenplatz“) or by walking (10 min).

By train: Switzerland has an excellent public transportation system. The Zürich main station (Zürich HB) can be regularly reached from all major Swiss cities. There are also high-speed and overnight trains from major cities in Germany, Italy and France. From Zürich main station it is only a 5 min train ride to Zürich Altstetten station from where the meeting venue can be reached by walking (10 min), bus (7 min, lines 78 and 80) or car/taxi (3 min).

By car: Zürich has excellent road connections to all major Swiss cities and the surrounding countries. However, we recommend to use public transport if possible as parking spaces are limited.

Public transport in Zürich: Zürich has one of the most efficient public transportation systems in the world. The Zürich Altstetten station is in walking distance (10 min) to the meeting venue and offers frequent direct train connections to Zürich main station, Zürich airport and several other destinations in Switzerland.

In direct proximity to the meeting venue are the tram and bus stops „Lindenplatz“ which are conveniently connected with Zürich Altstetten station (bus lines 78 and 80) and the city center (tram line 2). The bus and tram stops „Lindenplatz“ can be reached as follows:

From Zürich main station (Zürich HB):
– take one of the frequent trains to Zürich Altstetten, e.g. S9 (direction Zug), S15 (direction Affoltern a. A.), S12 (direction Brugg). Change at Zürich Altstetten station to bus line 78 (direction Zürich, Dunkelhölzli) or 80 (direction Zürich, Triemlispital), with either bus line „Lindenplatz“ is the second stop (7 min).

From city center, i.e. tram stop Paradeplatz or Bellevue:
– tram line 2 -> in the direction of Farbhof, Lindenplatz is 12th or 14th stop respectively (18-24 min).
Special events

Friday 27 January 2017

19.30

**Gala dinner** (with Swiss Continence Foundation Award ceremony)
Location to be announced.
We thank our sponsors and contributors

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Special sponsor
The International Neuro-Urology Society (INUS)

The International Neuro-Urology Society (INUS) is a medical and scientific non-profit organisation with the aim to sustainably improve and promote the medical care for patients suffering from neuro-urological disorders.

All researchers and health care professionals who deal with neuro-urological patients or research projects are eligible and welcome to apply for membership. If you are interested to become a member of the INUS please visit the society’s homepage www.neuro-uro.org.

Companies, institutions, foundations or individuals who are interested to support the society can become partner of the INUS. Please contact us to discuss partnership options.